

Wood's Commercial College,  
311 EAST CAPITOL STREET.  
Washington, D. C. Phone 1738.  
Established 1885 and heartily endorsed  
by its students.

#### SUMMER SESSION.

Now is a good time to commence. New  
classes formed every Monday.

#### Proposition No. 1.

Complete Course in Shorthand Type-  
writing, \$50. (This will entitle a per-  
son to instruction, day or evening, until  
proficient and position is secured.)

#### Proposition No. 2.

Complete Course in Book-keeping and  
English, \$50. (This will entitle a per-  
son to instruction, day or evening, until  
proficient and position is secured.)

#### Proposition No. 3.

Complete Course in Shorthand, Type-  
writing, Book-keeping, and any other  
subject the pupil may select, \$65. (This  
will entitle a person to instruction, day  
or evening, until proficient and position  
is secured.)

#### Proposition No. 4.

Complete Course of instruction in  
Typewriting, \$10. (This will entitle a  
person to instruction, day or evening,  
until proficient.)

#### Proposition No. 5.

Complete Course for Government Posi-  
tion, Civil Service or Census, \$10. (This  
will entitle a person to instruction, day  
or evening, until prepared to pass the  
examination.)

#### Proposition No. 6.

Complete Course in English Branches,  
\$50. (This will entitle a person to in-  
struction, day or evening until profi-  
cient.)

#### Proposition No. 7.

Preparation for College, including  
Latin, Greek, English and Mathematics.  
Private lessons or class instructions.  
Apply for rates.)

#### Proposition No. 8.

Private and class instructions to coach  
public school pupils so they can enter  
next grade; three months, \$10; one  
month, \$4.

The rates given are for cash, but satis-  
factory arrangements may be made to  
pay in installments.

#### WOOD'S COMMERCIAL COLLEGE.

Gentlemen:  
I am indeed glad that I took the course  
in Stenography and Typewriting in your  
institution. After having attended five  
months, I could write one hundred words  
per minute.

I think all who conscientiously pursue  
their studies under your guidance will,  
in a short while, become thoroughly  
equipped stenographers.

I can certainly recommend Wood's  
Commercial College.

Very sincerely,

JANIE H. ETHERIDGE.

Washington, D. C., Nov. 10, 1899.

#### PROF. WOOD:

Am delighted with your method of  
training pupils in the Civil Service  
Course.

As a teacher of Book-keeping you  
cannot be excelled; under your instruc-  
tion it becomes an intensely interesting  
study instead of a "dry bug-bear of  
accounts."

For a good, practical business educa-  
tion, one must go to Wood's Commercial  
College.

Wishing you unbounded success, I am,

Yours truly,

CLARA HARRIET JONES.

1012 I St., N.W., Washington, D. C.

#### To whom it may concern:

I advise all persons who have any idea  
of attending a business college to take a  
course at Wood's Commercial College,  
on account of its quick and easy systems  
in shorthand and type-writing and also  
its experienced teachers. I was a pupil  
of this College for five months in the  
Shorthand Department, when I was  
offered a situation as Court Reporter in  
West Virginia, and it was through this  
College that I was successful in my  
work. I think that any student ought to  
complete a course at this College in five  
or six months, and with a great deal of  
study and effort in much less time. The  
Professor is very successful in obtaining  
positions for his students and often gets  
the best places a stenographer can hold.  
I also consider it the best business col-  
lege in Washington and one of the best  
in the United States, if not the best.

JOHN WALKER FENTON.

June 1, 1899.

#### PRIMACURA.

Primacura not only RELIEVES but  
PERMANENTLY ERADICATES prickly heat and  
ITCH, and cures all skin diseases. It is  
an IMMEDIATE and PERMANENT allayer of  
inflammation. It is a new and economical  
remedy which affects a permanent cure.  
For sale by Evans, 924 F St.; Simms,  
14th St. and New York Ave.; Ogram,  
12th and Pennsylvania Ave., and by  
druggists generally.

#### WHEN YOU WANT

Absolutely Pure Whiskey.

Direct from the Distillery, call on

THOMAS WELLS,  
Glendale, Maryland.  
Handier of Pure Liquors, Beer, Wine,  
Tobacco, Cigars, &c.

JUDICIOUS  
ADVERTISING  
PAYS.

## SCIENCE OF HYPNOTISM

SOME OF ITS ACHIEVEMENTS AND  
USEFUL POSSIBILITIES.

Jases in Which It Has Been Successfully  
Employed - Erroneous Popular Im-  
pression Created by Stage Exhibitions  
-The Power is Not a Gift of the Few.

The popular notion of hypnotism is  
derived mainly from the stage exhibi-  
tions of professional hypnotists and  
from a certain grade of fiction in  
which a favorite feature of the plot  
is the involving of an innocent per-  
son in crime under the hypnotic con-  
trol of a villain. With only these  
sources of information it is little won-  
der that hypnotism is regarded by the  
masses as something like a demoniacal  
influence.

Among intelligent people it is well  
known that serious study has been  
given to this subject for years by emi-  
nent physicians and surgeons in  
France, Germany, England and  
America, and that hypnotism is now  
being successfully used in the treat-  
ment of various functional and nerv-  
ous diseases. Comparatively few,  
however, are aware of the great inter-  
est with which leading psychologists  
are studying the power of suggestion  
upon the mind. Dr. Sids in his valu-  
able work on "The Psychology of Sug-  
gestion," speaks of having performed  
3000 experiments in this line in the  
psychological laboratory at Harvard.

One of the results of the painstaking  
investigations into the power of sug-  
gestion upon the mind both in the nor-  
mal and in the hypnotic state has been  
to show the great use which can be  
made of this influence for moral and  
educational purposes.

Three years ago in one of our large  
cities there was a high school boy who  
had ability but disliked study and was  
at the foot of his class. The boy was  
pursuing an English course of study  
on account of his aversion to lan-  
guages. He was in his junior year  
and his parents were anxious to have  
him remain in school until graduation,  
but the boy wished to give up study  
and go to work. The director of a  
gymnasium who knew the young man  
put him into the hypnotic state and  
told him that he was fond of study,  
that he was ambitious to stand well  
in his class, and to have an education.

He also assured him that he was par-  
ticularly fond of languages and mathe-  
matics—two branches for which the  
boy had shown a marked dislike. It  
was expected that the treatment  
would need to be repeated several  
times to produce lasting results, but to  
the surprise of all acquainted with the  
case, not excepting the operator, this  
did not prove to be necessary. The  
youth began to work and in a short  
time stood among the best in his  
class. At the end of the year he told  
his parents that he wanted to study  
Latin and Greek, and during the long  
vacation he made such progress in  
those subjects that he was graduated  
the next year from the classical  
course of the high school. In his  
senior year he took trigonometry as  
an extra study for the love of it. From  
the high school he went to Yale, where  
he is distinguishing himself as a  
student.

Persons have been treated by sugges-  
tion with evident good results to im-  
prove the memory and to acquire the  
habit of mental concentration. Some  
of the applications of this influence  
have been very ingenious. I was re-  
cently told of the device of two col-  
lege students who had overworked and  
were in danger of breaking down be-  
fore the end of the year. In this em-  
ergency they resorted to a mental sci-  
ence healer who put them into a hyp-  
notic sleep every day for a week. In  
that state all of their lessons were  
read to them with the injunction to  
remember what they heard. On awak-  
ing they found themselves prepared  
for the next day's recitations without  
any of the usual labor. Having ob-  
tained a week's rest in this way they  
were able to begin work again.

With the exception of the last, the  
instances that have been mentioned  
are examples of a purely philanthropic  
use of the power of suggestion for  
moral and educational purposes. Un-  
doubtedly there are professional hyp-  
notists who are conscientious, but the  
opportunity for imposture in the mat-  
ter is so great that people are justified  
in being shy of a man who makes  
hypnotism his business. At least one  
would wish to be sure that the opera-  
tor is an intelligent, educated person,  
of well-balanced mind and of good  
moral character before trusting one's  
self to his treatment.

The power to hypnotize is not as is  
commonly supposed a gift belonging  
to few people, but it exists in all in  
different degrees. Like all other ca-  
pacities, it needs training and practice  
to develop it. Composed, self-reliant  
natures are more successful than tim-  
id, hesitating ones. Physicians pos-  
sess the great advantage that patients  
have faith in them and are in the  
habit of obeying their directions. This  
natural attitude of the mind goes far  
in itself toward enabling the physi-  
cians to hypnotize a patient.

The susceptibility to suggestion  
varies greatly in different persons, and  
radical results are not to be looked for  
in all cases from a single treatment.  
But a sufficient degree of susceptibil-  
ity exists in everyone to make this in-  
fluence a valuable assistant in over-  
coming undesirable mental and moral  
habits and in acquiring new ones. The  
latest theories claim that to make  
suggestion effective it is not necessary  
that the subject should be put into a  
hypnotic sleep. All that is required  
is that the mind should be passive.  
Suggestion given under such condi-  
tions needs to be repeated a number of  
times to secure permanent results.  
The most careful operators prefer  
not to put a subject into a profound  
hypnotic sleep except when there is

likely to be no opportunity for more  
than one treatment. The two methods  
may be compared to a cure effected  
in one case by a single dose of a strong  
medicine, and in the other by repeated  
doses in a milder form.

The employment of hypnotism for  
purposes similar to those already men-  
tioned has increased greatly within a  
year or two. Educators, heads of  
gymnasiums and physical training  
schools, and Y. M. C. A. directors are  
making a study of hypnotism to assist  
them in their work. An amusing ap-  
plication of the influence was reported  
by the director of a Y. M. C. A. gym-  
nasium who recently went to a school  
of hypnotism for lessons. He found  
there a class of a dozen drummers  
who were studying the subject with  
the view of developing their powers of  
persuasiveness so that they might in-  
crease their sales.

In the popular attitude toward hyp-  
notism there are two extremes of  
opinion equally undesirable. One is  
that of an infatuated reliance upon it,  
and an injudicious employment of it.  
The other is that of unintelligent  
prejudice which regards it with con-  
tempt and uncompromising hostility.  
To the fair-minded student neither of  
these attitudes is possible. The power  
of suggestion upon the mind and the  
purposes to which it can be applied  
furnish a most interesting field for in-  
vestigation. Like all other forces it  
has possibilities of both good and evil,  
and the work of investigators now is  
to find out how to make use of the  
former and to avoid the latter.—Edith  
Dickson, in the Detroit Free Press.

#### Comparative Longevity.

It has often been remarked that  
while nothing is so uncertain as the  
duration of any given human life, no-  
thing is more certain than the aggre-  
gate of years which may be assigned  
to a group of a hundred persons or  
more at any particular age. The ex-  
pectation of life at a given age, to  
use the actuarial phrase, differs con-  
siderably, as might be expected, in  
different countries, and Englishmen  
may be surprised to learn that they  
are not the longest-living among the  
white races. At the age of twenty an  
Englishman in average health may  
expect to live forty-two years, and  
any life office will grant him a policy  
based on that probability. The Ameri-  
can expectation is for a slightly longer  
period. On the other hand, a Ger-  
man lad of twenty can count upon  
little more than thirty-nine years and  
a half. It would seem, therefore, that  
the restlessness attributed to the  
American temperament does not neces-  
sarily conduce to the shortening of  
life, nor the composure of the German  
to its prolongation. Possibly the bet-  
ter feeding and clothing of Americans  
in the lower classes of the population  
is the principal cause of their greater  
longevity. Their position is, at any  
rate, maintained in later as well as in  
earlier years. The American who has  
reached sixty may look to complete  
fourteen years more, while the British-  
er's expectation is only about thirteen  
years and ten months, and the Ger-  
man's as nearly as possible twelve  
months less. Both at twenty and at  
sixty the Frenchman's prospect is lit-  
tle better than the German's and a  
little worse than the Englishman's.—  
London Globe.

#### Where the Bootjack is Not Used.

"The bootjack, as far as cities are  
concerned, has gone to the place where  
the old-fashioned shoe scraper re-  
poses," volunteered a shoe dealer;  
"and will never return. Time was  
when no house was considered fur-  
nished unless there was a mud-scraper  
fixed at the doorstep or portico, and  
examples of this can be seen at many  
of the very old houses throughout the  
city, and particularly in Georgetown.  
For a number of years, the use for  
them having disappeared, the scraper  
was no longer used, and the iron  
foundries destroyed their patterns of  
them. The bootjack went on the same  
errand a few years later, when boots  
were no longer worn, though many of  
them are sleeping in old garrets and  
attics, for some people do not have the  
heart to destroy these reminders of  
the past. I had an order for a boot-  
jack a few days ago from an old gen-  
tleman who came up from southern  
Maryland on a visit, and who, when  
night reached him, had no way to pull  
off his boots. This was the first re-  
minder I had had of bootjacks for  
some years. Of course, I could not  
supply him. I learn from a representa-  
tive of a shoe concern that through-  
out the South and Southwest and in  
other farming sections of the country  
the demand for boots is still quite ex-  
tensive, and that the sale of bootjacks  
is much more frequent than city peo-  
ple suppose."—Washington Star.

#### The Wonderful City of Lodz.

The great product of Poland is at  
present textiles of cotton and wool.  
The growth of the city of Lodz (pro-  
nounced as though spelled Lootech), a  
manufacturing center, four or five  
hours' ride from Warsaw, is really  
wonderful, and quite American in the  
rapidity of its growth and present pro-  
portions. In 1835 Lodz was a small,  
dirty village of 10,000 inhabitants. To-  
day it is one of the busiest cities in  
Europe, with a population of 450,000  
and a rank among the first as a manu-  
facturing center. Lodz makes cotton,  
wool and chemicals, but particularly  
cotton and cotton fabrics. It is known  
as the Manchester of Russia.—New  
York Post.

#### Singular Watch Charms.

Miniature Bibles are worn as watch  
charms in Russia. They are each one  
inch long, three-fourths of an inch  
wide, and three-eighths of an inch  
thick, and contain the first five books  
of the Old Testament. The text is in  
Hebrew, and can be read with the aid  
of a magnifying glass.

Results  
Assured.  
Energetic  
Merchants  
Say  
Advertising  
Pays.

## ELEGANT CLUB RYE WHISKEY.

J. F. KEENAN,

Wholesale - Liquor - Dealer,

462 Penn. Ave. N. W.

50 YEARS'  
EXPERIENCE  
**PATENTS**  
TRADE MARKS  
DESIGNS  
COPYRIGHTS &c.  
Anyone sending a sketch and description may  
quickly ascertain our opinion free whether an  
invention is probably patentable. Communica-  
tions strictly confidential. Handbook on Patents  
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special notice, without charge, in the  
**Scientific American.**  
A handsomely illustrated weekly. Largest cir-  
culation of any scientific journal. Terms, \$3 a  
year; four months, \$1. Sold by all newsdealers.  
**MUNN & Co.** 361 Broadway, New York  
Branch Office, 225 F St., Washington, D. C.

A Pointer.—When you order goods  
from Hartig, the hardware man, 509  
H St., N. E., they come the same day.  
There is no delay like there is in cases  
where goods are ordered from Balti-  
more, Philadelphia, Chicago or other  
foreign houses.

THE SUBURBAN CITI-  
ZEN is a permanent institu-  
tion—a fixture at the Nation's  
Capital. Thousands and thou-  
sands of people can testify to  
the good work it has accom-  
plished during the past five  
years in the line of suburban  
improvement. It is the only  
pawpaw in the District of  
Columbia that maintains a  
punching bureau, whose duty  
it is to punch up the authori-  
ties and keep them awake to  
the needs of the suburbs. On  
that account it deserves and is  
receiving substantial encour-  
agement.

## EASTERN BRANCH COTTAGE,

JOHN FRAAS, Proprietor.

BENNING BRIDGE, . . D. C.

All Brands of Liquors and the Finest  
Cigars and Beer.  
Boats for hire for gunning or pleasure  
parties

## RELIABLE DAIRYMEN. DIRECTORY OF LEGITIMATE DEALERS.

The following dairymen are known to the Editor of the CITIZEN as reliable producers, who own their  
own herds of cattle and deliver their own product. There are no milk Hucksters in this list.

### BENNING FARM DAIRY,

J. P. REILLY, Proprietor.

Benning, . . . D. C.

Established 1892. Pure milk right from the  
farm served in sealed jars twice a day.  
Customers are invited to inspect my dairy  
at their pleasure.

### HILLOCK DAIRY,

JOHN BERGLING, . . . Proprietor

Brentwood Road, Md.

Established 1894. Pure milk served to my  
customers fresh from the dairy every  
morning.

### OAK GROVE DAIRY,

D. McCARTHY, . . . Proprietor.

Bladensburg Road, D. C.

Established 1895. Fresh milk delivered  
direct from my dairy farm every morning.  
Two deliveries a day contemplated  
soon.

### St. John's Park Dairy,

Mary Harriet Hatcher, Prop.

Brookland, D. C.

Established 1896. Pure milk delivered  
every morning. We invite an inspection of  
our place at all times.  
Milk for children a specialty.

### Woodside Farm Dairy.

JOHN HERRIGAN, . . . Proprietor.

3601 O Street N. W.

Established in 1895. Pure Durham  
and Alderney milk from Woodside Farm  
Dairy, on the Ridge Road. Two deliv-  
eries daily. Prompt service.

### GRAND VIEW DAIRY,

JOHN S. ORRISON, . . . Proprietor.

Takoma Park, D. C.

Established 1895. The quality of milk I  
serve is gaining me new customers every  
day. My place will always bear in-  
spection.

### JERSEY DAIRY,

D. ALLMAN, Jr., . . . Proprietor.

2111 Benning Road.

Established in 1893. The present proprietor  
was born and brought up in the business.  
Has a herd of 27 Jersey cattle. Two deliv-  
eries a day throughout the city.

### PAYNE'S FARM DAIRY,

M. J. PAYNE, Proprietor.

Bladensburg, . . Maryland.

Established 1896. It is my aim to serve  
my customers with the very best quality  
of milk. I invite an inspection at any  
time.

### HOYLE'S FARM DAIRY,

MRS. A. J. HOYLE, Proprietor.

Congress Heights, . . D. C.

Established 1894. We serve first-class milk  
all bottled on the farm. Dairy always open  
to inspection.

### Buena Vista Dairy,

O. A. LANDON, . . . Proprietor

Suitland Road, near Suitland, Md.

Established in 1890. I am on the farm  
with fifty head of cattle and deliver only  
pure milk that will always bear in-  
spection.

### PALISADES DAIRY,

W. L. MALONE, . . . Proprietor.

[Conduit Road, D. C.

Established 1893. Pure milk and cream  
served in any part of the city every morn-  
ing. All orders by mail promptly  
attended to.

### CHILLUM FARM DAIRY,

WM. McKAY, Proprietor.

Woodburn, (Terra Cotta), D. C.

Established 1890. I serve pure milk right  
from the farm every morning.  
I think the best is none too good for  
my customers.

### Douglas Place Farm Dairy

EDW. PARKHAM, Proprietor.

Douglas Place, Benning Road, D. C.

Established 1893. I spare neither pains  
nor expense in trying to produce milk that  
is a No. 1 in quality. Plant always open to  
inspection.

### TERRELL'S DAIRY.

F. TERRELL, . . . Proprietor

Arlington, Virginia.

Established 1891. I serve milk straight  
from the farm every morning. My milk will  
stand the test every time.

### Glen Ellen Farm Dairy,

GEO. T. KNOTT, . . . Proprietor

Conduit Road, D. C.

Established 1899. Milk from my dairy is  
guaranteed to be both clean and pure.  
I always solicit the closest inspection.

WORKING  
MEN.....

cannot afford to lose any time.  
Sick or well, they have to go to  
work early in the morning and  
often get home late. The loss of  
a single day means a thinner en-  
velope on pay day and perhaps  
extra family privation. The con-  
finement and bad ventilation of  
the workroom, together with  
the cold dinners many of them  
are obliged to eat, have a bad ef-  
fect on the physical system and  
lead on to ill health.

Ripans Tabules are just what  
working men need. They keep  
the stomach in good condition  
and help digest the food; they  
keep the bowels open, and the  
liver active. No man is too poor  
to use them, for ten of the Tabules (enough to last several  
days) cost only five cents at any drug store.

WANTED.—A case of bad health that R-T-A-S will not benefit. They banish pain and prolong life.  
One gives relief. Note the word R-T-A-S on the package and accept no substitute.  
R-T-A-S, 19 for 5 cents, may be had at any drug store. Ten samples and one thousand testi-  
monials will be mailed to any address for 5 cents, forwarded to the Ripans Chemical Co., 30-31 Spruce  
St., New York.